



December 2024

K-12



Breakfast Panama



NYS Apples
NYS Spaghetti,
Butternut and
acorn Squashes

Monday	Tuesday	Wednesday	Thursday	Friday
2 Pop Tart w/ Toast	3 Granola Bake w/ Toast	4 Cereal Bar w/ Toast	5 Ham & Egg on English Muffin	6 Mini Bagel
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
9 Mini Waffles	10 Sausage & Cheese On Croissant	11 Powdered Donut	12 Cinnamon Roll	13 Fruit Muffin w/ Toast
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
16 Oatmeal Round	17 Sausage & Cheese On English Muffin	18 Frudel	19 Chocolate Chip Muffin w/ Toast	20 Mini French Toast
4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz	4oz assorted Juice cup 1/2c Fresh or Prepared Fruit 1/2c Milk-8oz
23 	24	25	26	27
30 	31	<h1>Christmas Recess</h1>		

NYS LOCAL FOODS

**Upstate Farms*
Milk, Yogurt, Sour Cream
Eden Valley Growers
Assorted Varieties of Apples
Eden Valley Growers
Assorted Fruits & Vegetables
used in Meal Program
highlighted in green

Breakfast Options Daily

**Daily Entrée-1 (2g) or*
**Cereal 2oz (2G)*

Offered with all Breakfasts

**Whole Grain (WG) Entrees*
**Daily Selection of*
Fresh or Prepared Fruit
100% juice -1/2 cup
may take up to 1 cup
**NY State Non-Fat or 1% White*
Milk 8oz

On call substitute positions available in the Bemus Point, Panama, and Southwestern Cafeterias. Call 716- 664-6940 for more information.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

If your Student has a particular food allergy, please contact the food service office @ spaden@swesk12.org