

Monday

Meatball Sub

Baked Beans 1/2C

Green Beans 1/2C

Fresh Fruit -1 piece

Milk-8oz

Chicken Tender Sub

Maple Glazed Carrots 3/4C Green Beans 1/2C Fruit 1/2C

Milk-8oz

LUNCH

FEBRUARY 2024

Panama



Friday

Havanna Nachos

Sweet Potatoes 1/2C

Peas ½C Fresh Fruit 1 piece

Milk-8oz



Menu is subject to chanae.

NYS LOCAL FOODS *Upstate Farms Dairy -milk, yogurt, sour cream *LynOaken Farms Apples *Local Farm Vegetables and Fruit

> used in Meal Program highlighted in green

Thursday



Baked Beans 1/2C Mixed Vegetables 1/2C Fruit 1/2C Milk-8oz

Sloppy Joe On WG Bun

1C Romaine Salad= ½C

Corn ½C

Fruit ½c

Milk-80z



Buffalo Filet Sandwich

Carrots 3/4C Roasted Cauliflower 1/2C Fresh Fruit 1 piece

Grilled Cheese

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Steamed Broccoli 1/2C Baby Carrots ½C Fruit ½c Milk-8oz

Available Daily

PBJ Salad Bar Pizza M,W,F Tacos Tue

Various Options Thurs

Offered daily with all School Lunches:

Fresh or Prepared Fruit (Must take 1/2 cup of Fruit or Vegetable may take up to 1 cup)

NY State Non or Low Fat White or



PAY FOR MEALS ONLINE MySchoolBucks.com

Tuesday



Frozen Yogurt Day

French Fries 1/2C Baby Carrots 1/2C Fruit 1/2c Milk -8oz

Macaroni & Cheese

Black Bean Salad 1/2 C Corn 1/2C NYS Apple -1 Piece Milk-8oz

Hot Dog On a WG Bun

Turkey & Gravy w/ Biscuit

Vednesday

Steamed Broccoli 1/2C Sliced Cucumbers 1/2C NYS Apple-1Piece Milk-8oz

Fish Tacos

Sliced Green Peppers 1/2C Mixed Vegetables 1/2C

Fruit 1/2C

Milk-8oz

Combo Basket

Fresh Fruit -1 Piece

NYS Baked Potatoes ½C 1C Romaine Salad= ½C Milk -8oz

Mozzarella Sticks w/ Marinara

Broccoli 1/2C Baked beans 1/2C Fruit 1/2C Milk-8oz

Pulled Pork Sliders

Corn ½C Cauliflower ½C Fresh Fruit- 1 Piece Milk-8oz

Sweet & Sour Meatballs

w/ Rice

Baby Carrots 1/2C Green Beans1/2C Fruit 1/2C Milk-8oz

NYS Roasted Potatoes 1/2C Sliced Carrots 3/4C NYS Apple-1Piece Milk-8oz

Twin Fajitas

If your Son or Daughter has a particular food allergy, please contact the food service office @